

**Girls****Boys**

|                           |  |          |           |  |          |                            |
|---------------------------|--|----------|-----------|--|----------|----------------------------|
| <b>3X300 Hurdle Relay</b> | Total Time<br>Emily Field<br>Heather Lucht<br>Amy Wong                         | 2:53.2   | 6th Place | Total Time<br>David Afolabi<br>William Mbongo                                      | 2:42.47  | 7th Place                  |
| <b>Shot Put Relay</b>     | Total Distance<br>Ashiye Aator<br>Jayma Benda<br>Abbie Shockley                | 75-8.5   | 7th Place | Total Distance<br>Michael Ooms<br>Stephen Woods<br>Quinton Lewis                   | 110-8.5  | 6th Place                  |
| <b>High Jump Relay</b>    | One Jumper<br>Becca Mimms  | 4-6      | 6th Place | One Jumper<br>Phillip Bower  | 5-0      |                            |
| <b>Pole Vault Relay</b>   | One Vaulter<br>Amy Wong  | 6-0      | Tie 6th   |  |          |                            |
| <b>3X3200 Relay</b>       | Total Time<br>Michaela Harrison<br>Grace Lachmund<br>Grace Denton              | 36:15.36 | 2nd Place | Total Time<br>Zane Cooperider<br>Andrew Cartwright<br>Chase Lewark                 | 30:08.16 | 1st Place                  |
| <b>4X1600</b>             | Total Time<br>Bobbie Burgess<br>Erin Brophy<br>Grace Lachmund<br>Cailey Daluga | 22:31.75 | 1st Place | Total Time<br>John Ribeiro<br>Chase Lewark<br>Andrew Cartwright<br>Zane Cooperider | 18:51.15 | 1st Place                  |
| <b>Shuttle Hurdles</b>    | Total Time<br>Heather Lucht<br>Emily Field<br>Rebecca Gerometta<br>Amy Wong    | 1:23.21  | 4th Place | Only 2 Runners   | No Mark  |                            |
| <b>4X100</b>              | Total Time<br>Claire Shriner<br>Heather Lucht                                  | 54.71    | 7th Place | Total Time<br>Zach Tudor<br>Blake Johnson  | 43.37    | 1st Place<br>School Record |

|                        |  |          |           |  |  |          |           |
|------------------------|--|----------|-----------|--|--|----------|-----------|
|                        | Emily Field<br>Shelby Mann   |          |           |  | Cody White<br>Aaron Woodard  |          |           |
| <b>4X200</b>           | Total Time<br>Sung-A-Yun<br>Claire Shriner<br>Emily Field<br>Ellen MacDonald       | 1:57.68  | 5th Place |  | Total Time<br>Zach Tudor<br>Blake Johnson<br>Cody White<br>Aaron Woodard             | 1:32.30  | 1st Place |
| <b>Distance Medley</b> | Total Time<br>Cailey Daluga<br>Erin Brophy<br>Jessica Bernard<br>Kelly Swift       | 12:40.03 | 3rd Place |  | Total Time<br>Dakota Clark<br>Brian Anderson<br>Christian Gatmaitin<br>Lowell Knight | 12:35.22 | 9th Place |
| <b>4X400</b>           | Total Time<br>Sung-A-Yun<br>Erin Brophy<br>Shelby Mann<br>Ellen MacDonald          | 4:19.56  | 3rd Place |  | Total Time<br>Amen Galle<br>Brian Anderson<br>Phillip Bower<br>Maurice Woodard       | 3:37.18  | 5th Place |
| <b>4X800</b>           | Total Time<br>Jessica Bernard<br>Cailey Daluga<br>Bobbie Burgess<br>Grace Lachmund | 10:21.00 | 1st Place |  | Total Time<br>Lowell Knight<br>Wayne Lu<br>Christain Gatmaitin<br>Dakota Clark       | 9:26.27  | 7th Place |
| <b>Sprint Medley</b>   | Total Time<br>Claire Shriner<br>Heather Lucht<br>Shelby Mann<br>Ellen MacDonald    | 2:02.99  | 5th Place |  |  |          |           |
| <b>Discus Relay</b>    | Total Distance<br>Ahiye Aator<br>Jayma Benda<br>Becca Mimms                        | 194-10   | 9th Place |  | Total Distance<br>Michael Ooms<br>Nathan Rapsinski<br>Stephen Woods                  | 336-11   | 5th Place |

**Long Jump**

2 Jumpers  
Shelby Mann  
Claire Shriner

27-2.5

9th Place

Total Distance  
Amen Galley  
Aaron Woodard  
Cody White

57-10.5

1st Place