

Instructions for Use:

1. Go to the SETUP worksheet and enter your track meet name and date
2. Also on the SETUP page, enter the scoring system to be used for the track meet.
3. As events are completed and score cards come in, enter the results in the corresponding areas on the BOYS or GIRLS worksheets.
- NOTE: In order for the team scoring and outstanding individuals to work, you must use a consistent set of names for the **team** and for **individuals names** (for example, Central High School could be entered as CHS under the 'School' column, and a contestant J. Doe must be typed as J. Doe in each event he/she participates in)

**** Limitation - Currently, relay events are not tabulated in the outstanding individual tally!**

4. To determine team and outstanding individual scoring, go to the BOYS-TEAM or GIRLS-TEAM workbooks. The point leaders for teams and individuals should be automatically tabulated and updated (assuming macros are enabled).
5. Results are set to print out on 2 pages for boys and 2 pages for girls. Team results should fit on a single page.



Track Meet Setup			
Track Meet Name	Westfield Invite	<-- Type here in the yellow boxes	
Meet Date	3/28/17		

Scoring/Points (Individual Events)		Points System No. of Teams Competing	Points for Individual Scoring	Points for Relay Scoring
1st	8	2 Teams	5-3-1	5
2nd	6	3 Teams	5-3-2-1	5-3
3rd	4	4 Teams	6-4-3-2-1	6-4-2
4th	2	5 Teams	8-6-4-2-1	8-6-4-2
5th	1	6 Teams	10-8-6-4-2-1	10-8-6-4-2
6th	0	7 Teams or more	10-8-6-4-2-1	10-8-6-4-2-1

Scoring/Points (Relay Events)		
1st	8	
2nd	6	
3rd	4	
4th	2	
5th	0	
6th	0	

Westfield Invite - 42822
BOYS

Event	Place	School	Contestant(s)	Time/Dist.	Points	Event Type	Records	
4 x 800 Relay	1st	WHS	Miller, Mears, Maue, Bennett	08:31.00	8	Relay	Meet Record	
	2nd	WLHS		08:42.00	6	Relay	WHS Boys Record	7:45.17
	3rd	PHHS		08:43.00	4	Relay	State Record	
	4th	FCHS		09:13.00	2	Relay		
	5th				0	Relay		
	6th				0	Relay		
100 Hurdles	1st	FCHS	Wilkins	00:15.00	8	Track	Meet Record	
	2nd	WHS	Haack	00:15.00	6	Track	WHS Boys Record	LaPaglia 14.74
	3rd	FCHS	Quarles	00:15.00	4	Track	State Record	
	4th	WHS	Wray	00:15.00	2	Track		
	5th	WLHS	Midriff	00:16.00	1	Track		
	6th	WLHS	K. Hazel	00:16.00	0	Track		
100	1st	PCRHS	Allan	00:11.00	8	Track	Meet Record	
	2nd	WHS	Manley	00:11.00	6	Track	WHS Boys Record	Catlin 10.7
	3rd	FCHS	Mage	00:11.00	4	Track	State Record	
	4th	WHS	Zolto	00:11.00	2	Track		
	5th	WHS	Rodgers	00:11.00	1	Track		
	6th	WLHS	Herb	00:11.00	0	Track		
1600	1st	WHS	Herrel	04:36.00	8	Track	Meet Record	
	2nd	WHS	Leahy	04:36.00	6	Track	WHS Boys Record	Martin 4:10.03
	3rd	WLHS	Barket	04:37.00	4	Track	State Record	
	4th	WLHS	Czecwonkey	04:44.00	2	Track		
	5th	WHS	McClure	04:49.00	1	Track		
	6th				0	Track		
4 x 100 Relay	1st	WHS	Manley, Zolto, Henson, Rodgers	00:43.00	8	Relay	Meet Record	
	2nd	FCHS		00:45.00	6	Relay	WHS Boys Record	43.01
	3rd	PCRHS		00:46.00	4	Relay	State Record	
	4th	WLHS		00:46.00	2	Relay		
	5th				0	Relay		
	6th				0	Relay		
400	1st	WHS	Miller	00:50.00	8	Track	Meet Record	
	2nd	WLHS	Curl	00:53.00	6	Track	WHS Boys Record	Miller 49.68
	3rd	WHS	Homberg	00:54.00	4	Track	State Record	
	4th	WHS	McGraw	00:55.00	2	Track		
	5th	FCHS	Wright	00:56.00	1	Track		
	6th				0	Track		
300 Hurdles	1st	WHS	Haack	00:40.00	8	Track	Meet Record	
	2nd	FCHS	Quarles	00:40.00	6	Track	WHS Boys Record	Curry 39.56
	3rd	WHS	Wray	00:40.00	4	Track	State Record	
	4th	WHS	Mamaril	00:41.00	2	Track		
	5th	FCHS	Wilkins	00:42.00	1	Track		
	6th				0	Track		
800	1st	PHHS	Jones	01:58.00	8	Track	Meet Record	
	2nd	WHS	Bennet	01:59.00	6	Track	WHS Boys Record	Hartman 1:53.95
	3rd	PHHS	Jones	02:05.00	4	Track	State Record	
	4th	WHS	Mears	02:09.00	2	Track		
	5th	WHS	Maue	02:09.00	1	Track		
	6th				0	Track		
200	1st	WHS	Manley	00:22.00	8	Track	Meet Record	
	2nd	PCRHS	Allen	00:23.00	6	Track	WHS Boys Record	Catlin 21.6
	3rd	PCRHS	Tender	00:23.00	4	Track	State Record	
	4th	FCHS	Markland	00:23.00	2	Track		
	5th	WLHS	Erb	00:24.00	1	Track		
	6th				0	Track		
3200	1st	WLHS	Robyne	10:00.00	8	Track	Meet Record	
	2nd	FCHS		10:15.00	6	Track	WHS Boys Record	Martin 9:10.96
	3rd	WHS	Douthit	10:23.00	4	Track	State Record	
	4th	WHS	Novak	10:25.00	2	Track		
	5th	FCHS		10:29.00	1	Track		
	6th				0	Track		
	1st	PHHS		03:36.00	8	Relay	Meet Record	
	2nd	FCHS		03:43.00	6	Relay	WHS Boys Record	3:21.65

4 x 400 Relay	3rd	WHS	McGraw, Sanburn, Homberg, Neustifer	03:45.00	4	Relay	State Record		
	4th				2	Relay			
	5th				0	Relay			
	6th				0	Relay			
Shot Put	1st	WLHS	Karlaftis	50'8.25"	8	Field	Meet Record		
	2nd	FCHS	Kendrick	44'9.5"	6	Field	WHS Boys Record	Washam	54'2"
	3rd	WHS	Caldwell	40'10"	4	Field	State Record		
	4th	FCHS	Lamping	39'3.75"	2	Field			
	5th	PHHS	Farrer	39'2"	1	Field			
	6th				0	Field			
Discus	1st	WHS	Hubbard	134'2"	8	Field	Meet Record		
	2nd	FCHS	Kendrick	133'9"	6	Field	WHS Boys Record	Kelley	158'2"
	3rd	PHHS	Farrer	122'8"	4	Field	State Record		
	4th	WHS	Lennon	113'4"	2	Field			
	5th	WHS	Sierra	112'5"	1	Field			
	6th				0	Field			
Pole Vault	1st	WHS	Marmaril	13'	8	Field	Meet Record		
	2nd	WHS	Haack	12'6"	6	Field	WHS Boys Record	Adamson	14'1"
	3rd	WHS	Tyler	10'6"	4	Field	State Record		
	4th				2	Field			
	5th				1	Field			
	6th				0	Field			
High Jump	1st	WHS	Rodgers	5'8"	8	Field	Meet Record		
	2nd	FCHS	Talhelm	5'6"	6	Field	WHS Boys Record	Simmons	6'7.25"
	3rd	FCHS	Melatosh	5'4"	4	Field	State Record		
	4th	PHHS	Spencer	5'4"	2	Field			
	5th	WHS	Smith	5'4"	1	Field			
	6th				0	Field			
Long Jump	1st	WHS	Rodgers	19'10"3/4	8	Field	Meet Record		
	2nd	WLHS	Midkiff	19'6"1/2	6	Field	WHS Boys Record	Spears	22'6"
	3rd	PHHS	Kirkdatock	18'3"	4	Field	State Record		
	4th	WHS	Fisher	17'10"1/2	2	Field			
	5th	WLHS	Mbongo	17'9"1/2	1	Field			
	6th	FCHS	Rogers	17'8"1/2	0	Field			

Westfield Invite - 42822
BOYS

TEAM RESULTS		OUTSTANDING INDIVIDUALS			
Sum of Points		Sum of Points			
School	Total	Event Type	Contestant(s)	School	Total
WHS	155	Field	Rodgers	WHS	16
FCHS	71		Kendrick	FCHS	12
WLHS	45		Hubbard	WHS	8
PHHS	35		Karlaftis	WLHS	8
PCRHS	22		Marmarii	WHS	8
		Track	Manley	WHS	14
			Haack	WHS	14
			Jones	PHHS	12
			Quarles	FCHS	10
			Wilkins	FCHS	9
		Relay	Miller, Mears, Maud	WHS	8
			Manley, Zolto, Hens	WHS	8
			McGraw, Sanburn,	WHS	4

Scores should be automatically updated when changes are made on the BOYS results sheet

You can manually update each table by right-clicking on each table and choosing "Refresh"

